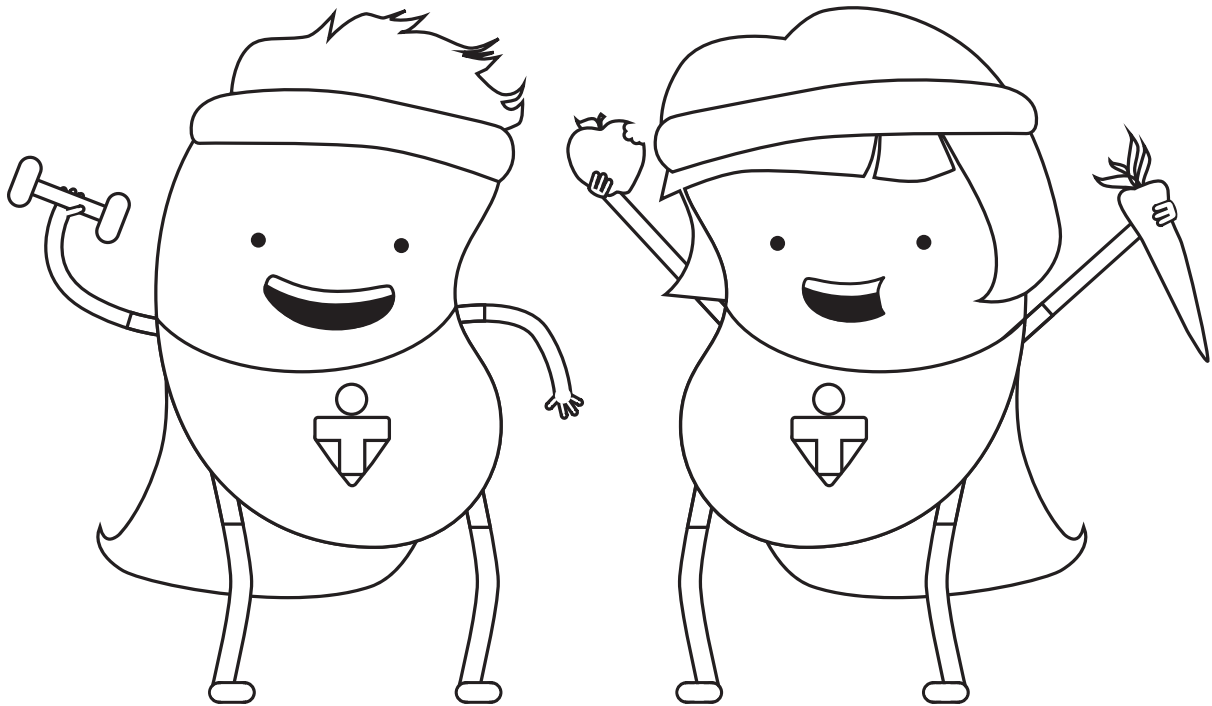


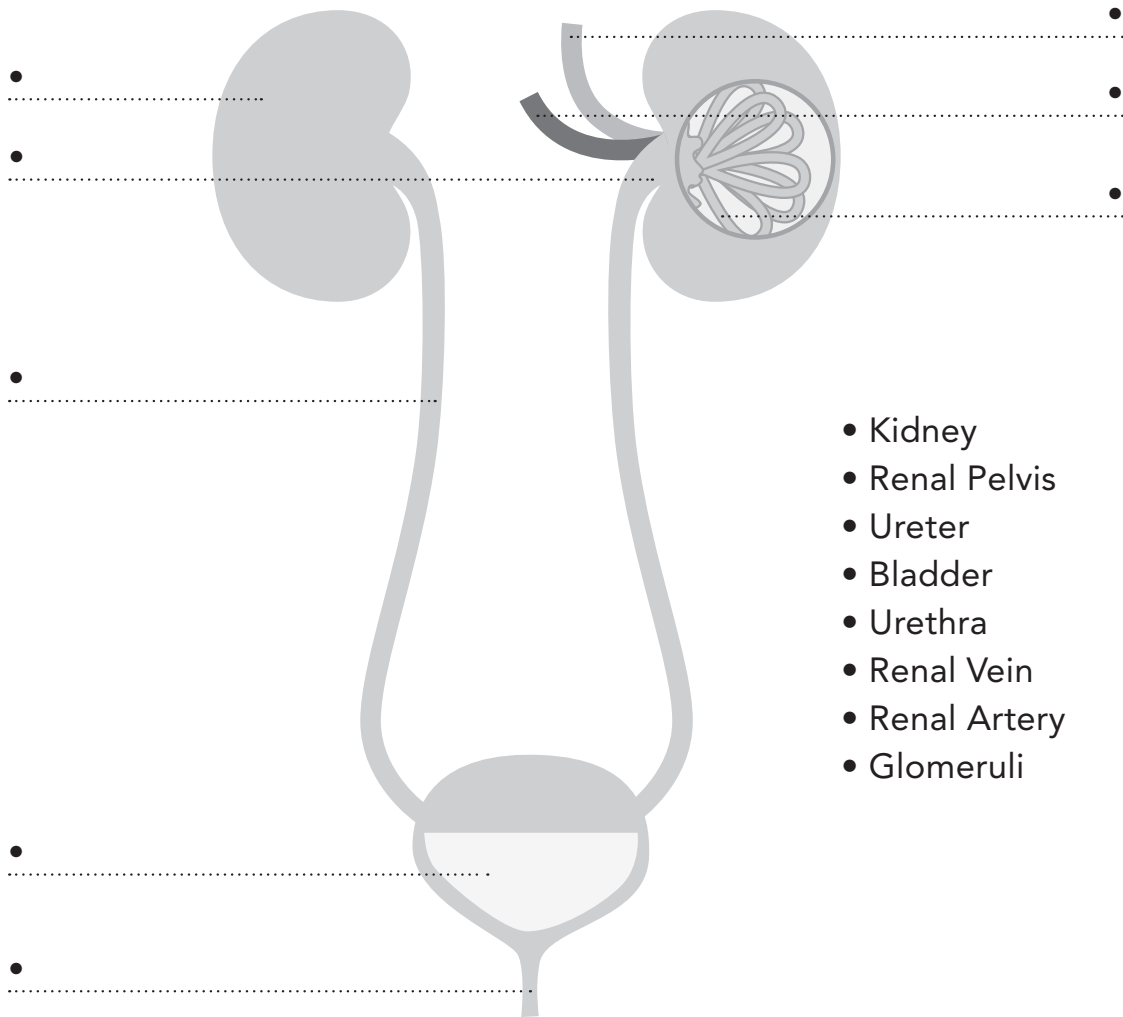


HEALTHY KIDNEYS

MEET YOUR KIDNEYS ACTIVITY SHEET



Match the words to the parts of your Urinary System:



Fill in the blanks:

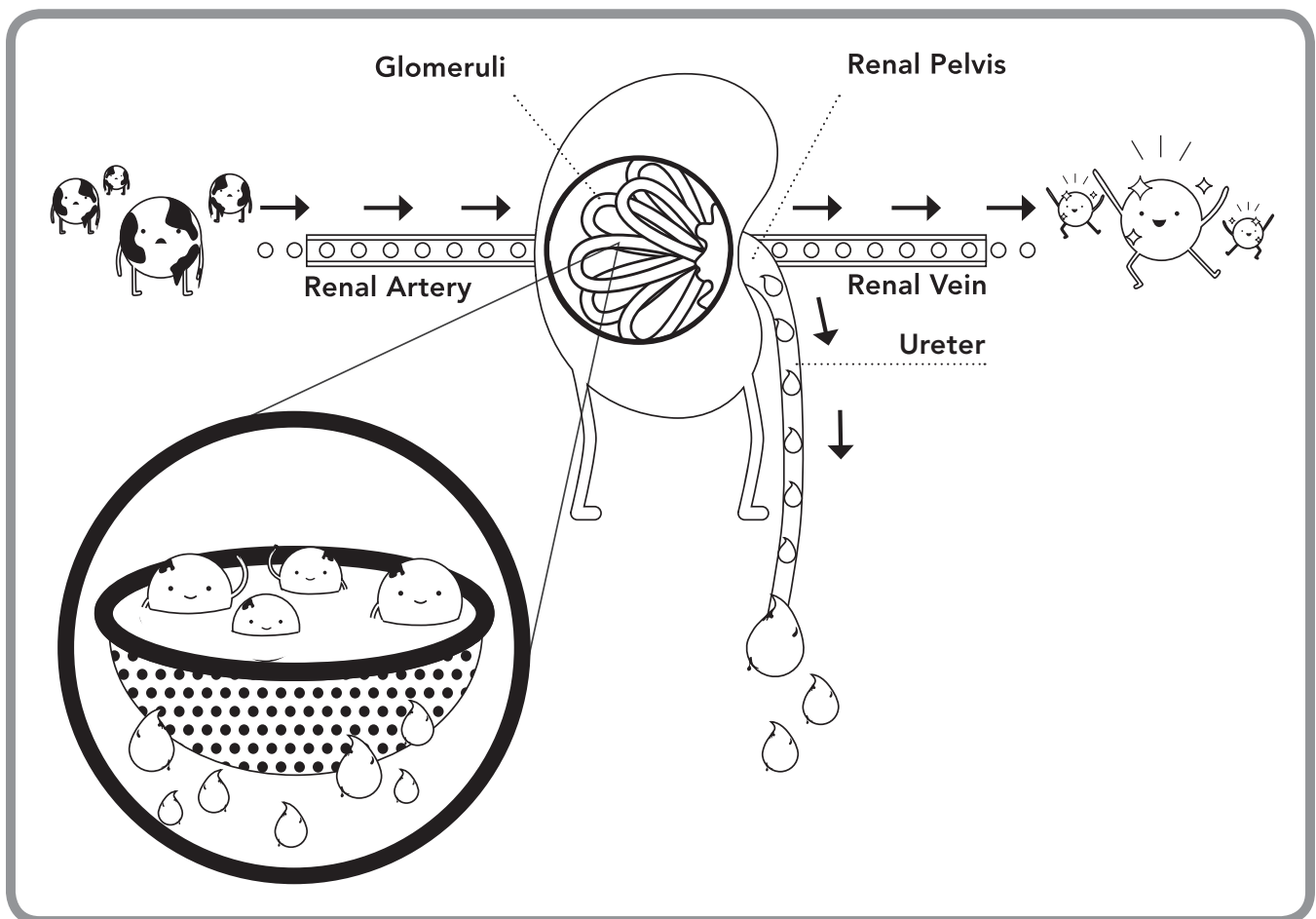
Kidneys make _____ by cleaning _____.

Your _____ holds the urine before you go pee. Then it comes out the _____ and goes into the toilet.

MEET YOUR KIDNEYS MATCHING ACTIVITY

Match the parts of the Urinary System to what they do!

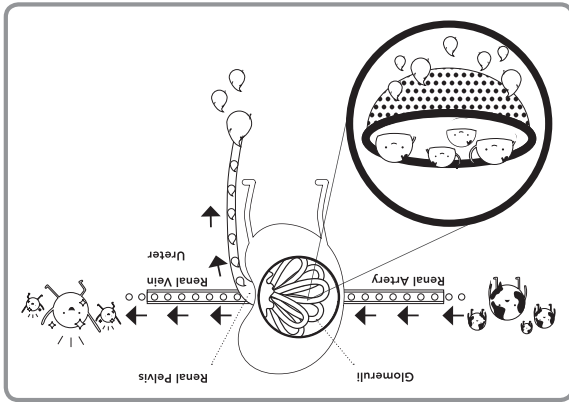
- Kidney • • A bag inside our body that holds urine until we can go to the bathroom.
- Renal Pelvis • • Bean-shaped organs about the size of our fist. Most people have 2.
- Ureter • • A blood vessel that brings blood flow to your kidneys.
- Bladder • • A tube that carries our urine (pee) out of our bladder and into the toilet.
- Urethra • • Tiny filters inside the kidney that clean blood.
- Renal Vein • • Carries blood away from the kidneys.
- Renal Artery • • Tubes coming out of our kidneys and going into our bladder.
- Glomeruli • • Where urine that is newly made by the kidney collects.



IMPORTANT THINGS I LEARNED:

- _____
- _____
- _____
- _____
- _____

ACTIVITY ANSWER KEY:

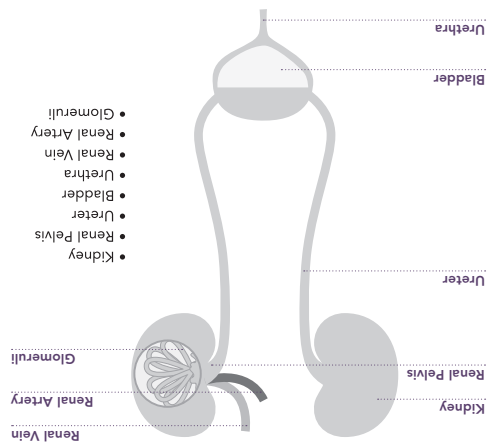


- Kidney: A bag inside our body that holds urine until we can go to the bathroom.
- Renal Pelvis: Bean-shaped organs about the size of our fist. Most people have 2.
- Ureter: A blood vessel that brings blood flow to your kidneys.
- Bladder: A tube that carries our urine (pee) out of our bladder and into the toilet.
- Urethra: Tiny filters inside the kidney that clean blood.
- Renal Vein: Carries blood away from the kidneys.
- Renal Artery: Tubes coming out of our kidneys and going into our bladder.
- Glomeruli: Where urine that is newly made by the kidney collects.

Match the parts of the Urinary System to what they do!
MEET YOUR KIDNEYS MATCHING ACTIVITY

Kidneys make urine by cleaning blood. _____
 Your bladder holds the urine before you pee. Then _____
 it comes out the urethra and goes into the toilet.

Fill in the blanks:



Match the words to the parts of your Urinary System: